

My Japan Packing System

Every item. The problem it solves.

WEARING ON THE DAY

AER Travel Pack
One bag — no checked luggage

Jeans
1 worn, 1 in cube

Merino T-shirt
1 worn, 3 in cubes

Boxer shorts
1 worn, 6 in cubes

Merino socks
1 pair worn, 6 in cubes

Windbreaker jacket
Pockets are the system

Shoes
1 pair — comfort, easy on/off

CLOTHING CUBES x 3 (IDENTICAL)

Merino T-shirt x 1
Handles nights between washes

Boxer shorts x 2
2 per cube across 3 cubes

Merino socks x 2 pairs
2 pairs per cube across 3 cubes

EXTRA CLOTHING CUBE x 1

Spare jeans
Packed flat in cube 4

Merino jumper
Warmth without weight

SLING BAG

Camera sling bag
Daytime carry — hands free

Headphones (AI translate)
Works where English doesn't

Foldable shopping bag
Water, snacks, markets

TECH POUCH

65W USB-C charger
One charger — powers everything

2x USB-C cables (30cm)
Short only — no tangle

Battery bank
Power without bulk

Pen
Loose in front pouch — you still need one

PASSPORT FOLIO

Passport
Always on body — not in bag

Cash
Japan is still very cash-based

Card x 1
Card 2 hidden in bag — security split

TOILETRY TOTE

Bar soap
Carry-on safe — no liquids bag

Exfoliating soap bag
No sponge needed — bag does the job

Matador FlatPak pouch
Soap dries through fabric — no mildew

Matador quick-dry towel
Don't assume — bring your own

Toothbrush + cover
Cover = nothing rolling loose

Toothpaste
Travel size — carry-on safe

Disposable razor
Simple — no gel carry-on issues

Deodorant stick
Solid — carry-on safe, no leaks